



# **ISCA Games 2025**

Rules and Regulations **Floorball**  
**(Ladies and Men)**

## **1. LAW OF THE GAME**

The normal rules of floorball shall apply.

## **2. FORMAT / SCORE**

- a) The game will consist of 4 players and 3 reserves.
- b) Each game will consist of 7 halves and 5 min break (total 19 min/game).
- c) 3 points will be awarded to the winning team, 1 for draw, and 0 for loss.
- d) If the game ties, there will be a 5mins of sudden death game.
- e) If the sudden game ties again, penalties will be played with best of 3, open shot from midpoint, and then sudden death penalties

## **3. GENERAL RULES**

- i) Players may not raise their stick or play the ball above their knee level.
- ii) Players may not place a stick between another player's legs (to avoid tripping).
- iii) Balls that fly outside the court or hit the wall are considered "out".
- iv) No one is to step inside the small white box in front of the goal post during the game, including goalkeepers.
- v) For goalkeepers, maximum 3 points of your body on the ground at any one time i.e. 2 feet, 1 knee.

## **4. REFRESHMENT**

All teams are to provide their own refreshments.