



ISCA Games 2025

Rules and Regulations **Beach Volleyball**

1. LAW OF THE GAME

The normal rules of beach volleyball shall apply.

2. REPRESENTATION

Each team will consist of 4 players (with at least one lady playing at any point in time), with unlimited reserves.

3. FORMAT

It will be just one set per match and we will play up to 21 points (in case of deuce, the team with two points lead will win the set).

4. SCORE

- a) 1 point is scored per winning serve. Scoring for each game is continuous.
- b) Open hands are not permitted in play UNLESS the ball is played briskly, which will be determined at the umpire's discretion.
- c) Any body contact or interference with a player on the opposing team may result in a foul.
- d) The ball must hit the body above the waist to be deemed a "legal" hit.
- e) No deliberate heading the ball.
- f) The team with the highest score at the end of that time is deemed the winner. If both teams finish on the same score at the end of the designated time, a draw will result, except during finals.
- g) Any kicking of the ball, deliberate kicking of sand or unnecessarily abusing nets (including climbing, hanging or running at full speed into them) will be an automatic deduction of 1 point from the offending team; 2 points may also be awarded to the non-offending team at the umpire's discretion.
- h) Continual abuse of the above outlined will result in being sent off the court, with no substitution until change of ends (if applicable). Refer to "Umpires" rules for clarification.

5. REFRESHMENT

All teams are to provide their own refreshments.